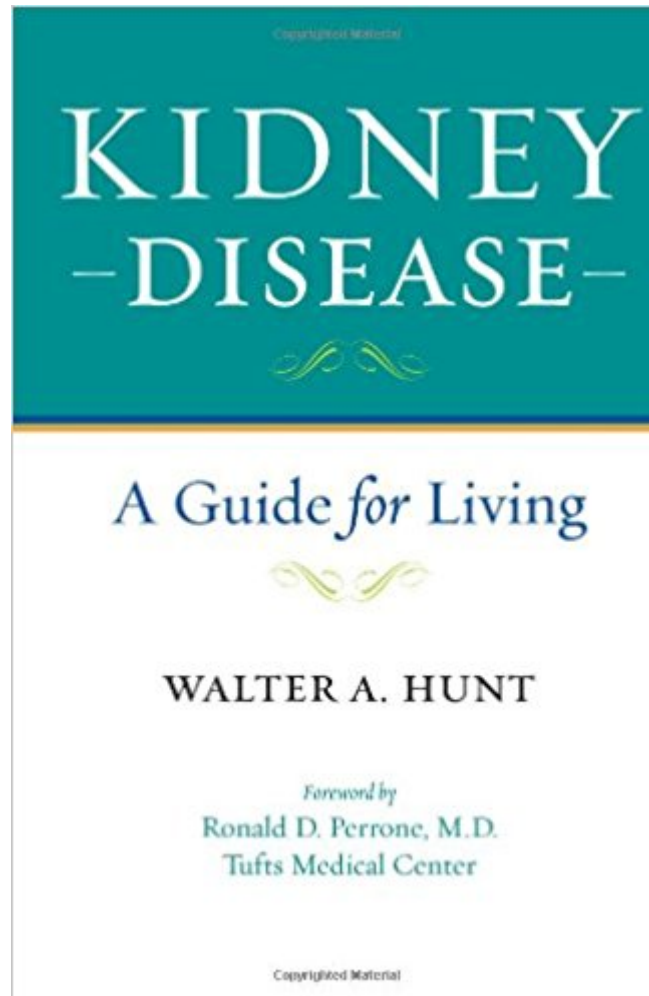


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# Kidney Disease: A Guide For Living



## Synopsis

Walter A. Hunt knows what it means to live with kidney disease. Here, he shares his experience and knowledge to help other people with the disease understand and cope with its challenges. When Hunt learned he had kidney disease, he was overwhelmed by the prospect of facing kidney failure. He had so many questions: Why are my kidneys failing? Is there anything I can do to save them? How will I know when my kidneys have failed? What will it feel like? What treatments are available for me? Is there a cure for kidney failure? The good news, as Hunt found out, is that kidney failure is highly treatable. People with the disease can lead full and productive lives, and Hunt's readable and empathetic book will help them do just that. It discusses the latest scientific and medical findings about kidney disease, including what kidneys do; the underlying diseases that cause failure; diagnosis, treatment, and prevention; dietary factors; clinical trials; and the future direction of research on kidney failure. Kidney disease is difficult, but as Hunt's narrative reveals, people living with it can take control of their health and their future. By understanding kidney failure—what causes it, how it may affect their lives, and what treatment options they have—people with the disease can improve their quality of life and achieve the best possible outcome.

## Book Information

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## Customer Reviews

"Walter Hunt has provided careful and understandable explanations, and he's offered his personal experience with and perspectives on how kidney failure has affected his life. I congratulate

him for providing this excellent guide for people with kidney disease." (Ronald D. Perrone, M.D., Tufts Medical Center)"The paucity of consumer health information on kidney disease and treatment makes this essential for consumer health collections, despite its high reading level." (Library Journal)"People with the disease can lead full and productive lives, and Hunt's readable and empathetic book will help them do just that." (Book Bargains and Previews)"This book has filled a gap that exists in the literature addressing many relevant aspects of life with chronic kidney disease and renal failure from a patient's perspective... This book should be widely available as a reference to chronic kidney disease patients and their families and by all those involved in chronic kidney disease care." (Olwyn Johnson Journal of Transplantation)"This book has filled a gap that exists in the literature addressing many relevant aspects of life with chronic kidney disease and renal failure from a patient's perspective. This book should be widely available as a reference to chronic kidney disease patients and their families and by all those involved in kidney disease care." (Olwyn Johnston Journal of Transplantation)"Kidney patients have been waiting a long time to have in their hands a readable, authentic accounting of what kidney disease is all about and how patients cope with it... a masterful job to give lucid descriptions of the kidney's work and the consequences of renal insufficiency that we nephrologists commonly obscure with scientific word jargon. Thank you." (Jared Grantham M.D., Kidney Institute)"As a medical researcher, the author has the unique ability to present the key relevant information in lay patient language. This book is easy to read for most kidney patients. It is clear that the author has had first-hand experience of renal disease (polycystic kidney disease) and subsequent care – having experienced renal dialysis and successful transplantation." (Nursing Times)

Walter A. Hunt holds a doctorate in neuropharmacology from West Virginia University. As a medical researcher for thirty years, he examined the biological basis of diseases, never considering that one day he would be dealing with a serious disease of his own. Having polycystic kidney disease (PKD), the fourth leading cause of kidney failure, he endured seven and a half years of dialysis and two dozen stays in the hospital before receiving a transplant. Now free of kidney problems, Dr. Hunt serves on the Board of Trustees of the PKD Foundation and travels the world.

Be aware; this author has a non-standard approach to kidney disease that I have researched and do not see clear evidence to support. In fact, I found quite a bit against. However, if you love the iconoclast approach, you might prefer to read this and leave the double-blind, placebo-controlled research alone. The author has good credentials.

Very Informative. It provides very detailed information in plain language. I found it very helpful. I ordered this book from the library along with about another dozen or so when my brother was diagnosed with end stage kidney disease. This was by far the most helpful and understandable book. I ordered this copy from to give to him so that he could get informed on everything about the kidneys, the treatments, and the options. I'm so glad I found this book.

The information in this book is very helpful, but the format is a little dense and I didn't find it quite as helpful as some other books. However, the information IS good, and I'd recommend it to anyone who likes the Table of Contents.

The awareness that I have this problem was a shock. Dr Hunt writes as a survivor of dialysis and a transplant so he speaks with reality.

Good Book

Purchased this book recently, from .com, and am finding it very helpful to me --- it is straight forward and explains well kidney disease and how it progresses and how patients can help keep their kidneys going with a good renal diet and healthy living ----- and finding a good kidney specialist to work with you.

Walter Hunt has written a most inspiring, informative, eye-opening book, explaining kidney disease and offering solid suggestions on how to make choices to live with and manage kidney disease with courage and discipline. Dr. Hunt wowed me when I met him in 2005. I was impressed by his wit, smile, easy-going demeanor, and intelligence - among many other charming qualities. He underplayed his experiences with PKD. After reading his book "Kidney Disease: A Guide for Living," I am even more impressed with what he has accomplished. Not only has he gone through the ordeals, but he has now also shared his research and experiences to help those with kidney disease accept, cope, and remain both realistic and optimistic. I recommend this book not only to people facing kidney disease but also to people who want support and assurance to accept taking responsibility for their lives in the face of an unwelcome illness. Thank you for writing this book.

Got little meaningful information---especially about diet and prognosis

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